

Predispositions to tennis success

Goals of the work: The goal of this piece of work is to identify, analyze and assess specific abilities, skills and other preconditions, which are necessary for reaching the top level in the game of tennis. The goal is to create certain competency profile of a successful top level tennis player.

Methods of the work: Two different methods of research were used. The first method was exploration of the expert literature on given topic to identify and systematize the information concerning abilities, skills and personal qualities of successful top tennis players. The second method was electronic questioning executed on the selective sample of Czech tennis experts and tennis players. This was used for completing a comprehensive idea of a successful player's competency profile.

Outcome of the work: The outcome of this work is a comprehensive aggregate of characteristics, which represent necessary requirements on desirable qualities of a successful tennis player.

Key words: tennis, personal predispositions, success, competency profile